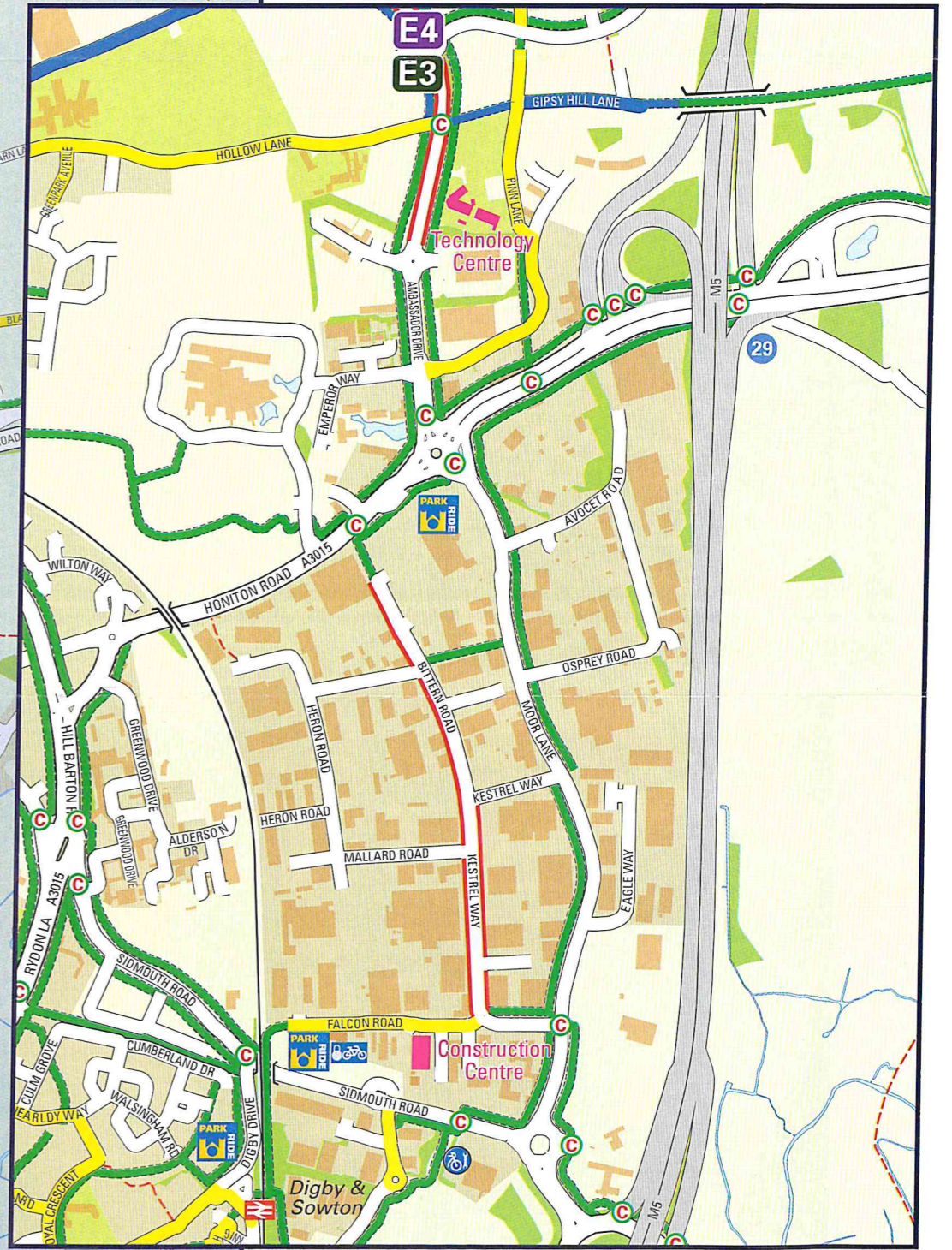


Key

- | | | | |
|--|--------------------------|--|--|
| | Exeter college sites | | One-way street / Cycle contraflow |
| | Signed cycle route | | National Cycle Network with route number |
| | Traffic-free cycle route | | Cycle parking |
| | Unsurfaced track | | Cycle locker |
| | Advisory cycle route | | Cycle shop / Cycle shop with cycle hire |
| | Footpath | | Bus station |
| | On-road cycle lane | | Railway with station |
| | | | Signalled crossing |

The travel zones shown are based on an average walking speed of 3 miles an hour and a cycle speed of 8 miles an hour.



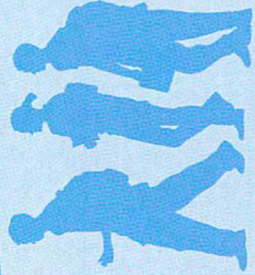


Active Travel Map



Exeter College Technology Centre and Construction Centre Sites

Are you in The Zone?



It should take you less than 15 minutes to walk or cycle from the zones on the map

Think It

Arrive at college alert, refreshed and with your brain cells ready to learn.

Join other students who are getting smarter by walking or cycling part of the way or all the way to college!

Change It

Find your home, bus stop or train stop on the map. Look for all the different routes to get from your starting point to college and back.

Getting active is easy once you think about it!

How long would it take?

Do It

The more active you are the less likely you are to store up excess fat in your body. If it's walkable – walk it, if you can cycle – why not? If you have to travel by bus, train or car why not get out earlier and walk the rest of the way.



Confidence booster

If you'd like to be a more confident cyclist and improve your cycling skills book a training session that includes planning and trying out your route with an instructor at www.cycledevon.info/cycle-training

Share the space

- Be polite and considerate. If someone lets you pass, thank them
- Bikes are quiet so let people know you are coming – ring your bell, or a friendly "Hello!" often works wonders
- Take care when passing others, especially children and older or disabled people and allow them plenty of room.

Use it, don't lose it!

Bike security advice:

- Get a decent bike lock, D locks are recommended. Always lock your frame and wheels to the cycle stand
- Make a note of your bike details (model, frame number) and get it insured.

Find out more at www.traveldevon.info

Cycling

At Exeter College Technology Centre site, Monkerton and Construction Centre site, Sowton our cycle storage is situated in secure, highly visible locations. We also have showering / changing facilities and a limited number of lockers available.



Public transport

Buses

Stagecoach Service SR4 route stops close to the Construction Centre on Falcon Road and Services B and RED stops close to the Technology Centre. For timetables and bus stops from your location go to www.stagecoachbus.com. Dartline run some services into Exeter. Go to www.travelinesw.com to search for their services and other operators. Exeter College also runs some dedicated services where other services are not available

Help with travel costs

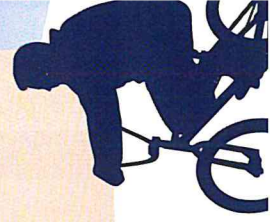
Travel passes are available through your County Council and Exeter College, if you are over 16 and under 19 on the 1st September, you are studying on a full time course and live more than 3 miles from Exeter College. Go to www.exe-coll.ac.uk/1618/Travel/TravelPasses for more information and to apply for a pass.

Check it's not cheaper to buy season tickets or termly tickets from bus and rail providers from your location. If you or your family are on a low income you can apply for further financial help from the College Bursary Team. Call on 01392 400526.

Trains

Digby and Sowton station is within a 5 minute walk of the Construction Centre and Pinhoe station is a 15-20 minute walk from the Technology Centre.

www.nationalrail.co.uk
Tel: 08457484950



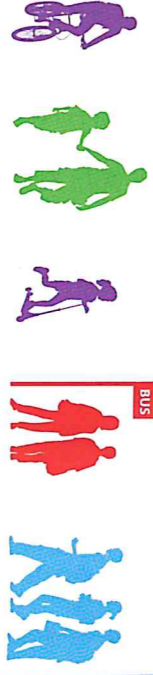
Find out more at
www.journeydevon.info

TRAVELDEVON save money, be healthier

Travel Devon is a website that aims to provide all the tools and support needed to help you plan a journey by foot, bike, bus, rail or car. In Devon, including:

- Maps and timetables
- Top tips for exploring the county
- Information on cycle training
- Travel support for the journey to work
- Links to journey planners and other useful sites

For more information visit traveldevon.info



To plan your journey by foot, bike, bus, rail or car, visit traveldevon.info or email traveldevon@devon.gov.uk



In partnership with



Cartography © Sustrans FourPoint Mapping

Every effort has been made to ensure the accuracy of these maps. Devon County Council cannot be held responsible for any errors or omissions. The representation on this map of any road, path or way is no evidence of the existence of a right of way or of Devon County Council's maintenance responsibility.

Active travel choices



Change your world